



Photo by Cassandra Tomarchio, CECOM

STEM Education and Outreach Center opens at APG

(From left) APG Garrison Commander Col. Gregory McClinton, ATEC Technical Director Bob Carter, ARL Technical Director Dr. Thomas Russell, APG and CECOM Commander Maj. Gen. Robert Ferrell, Army College Qualified Leaders Program Research Intern Nicole Racine, RDECOM Director Dale Ormond, Director for Basic Research and Educational Outreach, ASA(ALT) Jeffrey D. Singleton, ECBC Director of Program Integration Suzanne Milchling, and the Associate Director for CERDEC Robert Zanzalari participate in the ribbon cutting of the STEM Education and Outreach Center July 30. See the Aug. 8 issue of the APG News for the full story.

The hiring process: tips for veterans & spouses

Story by YVONNE JOHNSON
APG News

Confused about how to go about applying for a government job? Intimidated by the confusing forms, applications and supporting document requirements? Are you hesitant to even try to get your foot in the door during this time of fiscal uncertainty? If you're a military spouse or veteran (or both), a "yes" response to any or all of the above questions means you may need to familiarize yourself with programs already in place to ease the hiring process for you. Even during a time of less-than-plentiful job openings, it's smart to get in the system and be prepared for when the situation eases. This is a two-part series aimed at providing government employment information for job seekers in these two categories. These guidelines should be followed up with face-to-face consultations with human resources professionals. (Hiring tips for veterans will appear in the Aug. 8 edition of the APG News). Human Resources specialist Linda Uniatowski is the Spouse Employment specialist with the APG Civilian Personnel Advisory Center (CPAC). According to Uniatowski, a lot of spouses don't realize they need to come in and register in the Priority Placement Program (PPP)-S to receive preference.

See CPAC, page 10

MRICD team in Savage Race

Story by CINDY KRONMAN
USAMRICD

Is there a better way to spend a day than to race through an extreme obstacle course and finish exhausted and covered in mud? You may be thinking that there is, but for Lt. Col. Greg Saturday and seven other volunteers on the team from the U.S. Army Medical Research Institute of Chemical Defense, at Aberdeen Proving Ground, Md., the Savage Race was a challenge worth undertaking. Produced by Mad Cap Events, the Savage Race is held at various locations around the country, and according to its website, "The high you will feel from experiencing a Savage Race event is something that you won't soon forget." MRICD's team, mudRICD, participated in the event held July 20 at Hopkins Game Farm in Kennedyville, Md. Team members included Col. Bruce Schoneboom, MRICD commander, his friend Ken Barton, a retired National Oceanic and Atmospheric Administration corps captain, Maj. Matthew Wegner, Sgt. Marco Acevedo, Sgt. Alicia Swails, her husband, James Swails, and Sofia Elgarresta. "I put together a team of volunteers that wanted to participate in an esprit de corps physical team building event," said Saturday, a veterinary pathologist and chief of the institute's Comparative

See Esprit, page 10



Photo courtesy of Mac Stone, provided by Savage Race
MRICD's team was muddied but triumphant after completing the Savage Race. (From left, back row) Maj. Matthew Wegner, Col. Bruce Schoneboom, Sgt. Marco Acevedo, Lt. Col. Greg Saturday and James Swails. (From left, front) Ken Barton, Sofia Elgarresta, and Sgt. Alicia Swails.



USAPHC gets new senior enlisted advisor

(From right), Maj. Gen. Dean G. Sienko, commander of the U.S. Army Public Health Command, passes the Noncommissioned Officer Sword to Sgt. Maj. Alicia C. Singer during a Change of Responsibility ceremony at The Edgewood Conference Center in APG South (Edgewood) July 23. Singer will serve as the USAPHC interim command sergeant major and senior enlisted advisor. Outgoing Command Sgt. Maj. Gerald C. Ecker (rear) will become the new command sergeant major for the U.S. Army Medical Department Center in School at Joint Base San Antonio, Texas.

Photo by Christina Graber, USAPHC

WEATHER
Thurs.
79° | 68°

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Havre de Grace, MD
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hdgtourism.com



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STREET TALK

Have you been on vacation recently?

“This spring I went on a two week bus trip with my parents. We toured parts of America I never visited before. We visited many places like Las Vegas [Nev.], California, Mount Rushmore. I think my favorite part of the trip was visiting Yellowstone National Park and seeing the Old Faithful geyser.



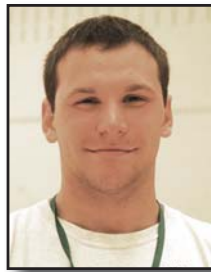
Jacqueline Le ARL

“My Family went to Dorney Park (in Allentown, Pa.). I like it because it has roller coasters and water rides! We also had an exciting night in our hotel. The fire alarm went off four times and we had to leave the building each time! Next week I am going to summer camp in West Virginia. It will be the first time I will be away from my Family. I can't wait to go horseback riding.



Harley Clarke Third grade student

“In the beginning of the summer I went to Cedar Point in Ohio. This amusement park has received an award for the “Best Amusement Park in the World” (from Amusement Today) for the past 15 years. I have always wanted to go and the park lived up to my expectations.



Dan McKelvey CYSS

“My wife and I enjoy camping so we went to Point Look Out State Park in Scotland, Maryland. It is a great place to kayak and go hiking.



Barrie Homan ARL

OPINION

Challenge yourself and leap toward your limits

Story by
AIR FORCE LT. COL. OLIVER LEEDS
Air Force News Service

One of the lessons I carry around with me every day is something I learned from the jumping events in high school track and field.

I was intimidated by the high jump. Unlike the long jump, where every leap into the sand pit could be measured and faults were not embarrassing, the high jump presented a daunting binary challenge: clear the bar or make an embarrassing spectacle. Knocking the bar down could hurt if it landed between me and the mat, and the groans from spectators could be ego devastating.

Some of my long jumps were better than others, but none felt like failures. In the high jump, however, failure was certain. Every competition has the same sequence: jump, succeed; jump, succeed; jump, fail. It was always there, stalking me. Eventually, my limits prepared me to announce to the world, “I failed.”

One day, at my more comfortable long jump pit, my attitude swung 180 degrees. Simply put, I was discontented not knowing if I had done my best. Could I have run faster? Did I jump too far behind the line? Should I have waited for the breeze to shift directions? The second guessing went on and on. I didn’t have this problem in the high jump. In the high jump, I always knew I did my best, because I pushed myself until I failed. Eureka!

Had I found comfort in failure? Yes, because it assured me

I had done my best, and removed regrets for not having tried.

My thoughts turned immediately to the sealed and addressed, yet unmailed, envelope on my desk at home. It was college application season, and I had been accepted to all four schools to which I had applied. But the application on my desk was different — it was to “the long-shot school” — the school I would go to if I could, but seriously doubted I had a chance.

Wasn’t it smarter to avoid failure? I could spend the rest of my life thinking I wasn’t rejected, rather than apply and remove all doubt. But that day, 23 years ago, I glanced over my shoulder at an unusually inspiring high jump bar. I walked out of my uncertain sand, went home and mailed the application. Sure enough, two months later I was rejected. It was my first true failure in the road of life, but I have spent the decades since confident that I have done my best and grateful that I had learned to live a life without regrets.

Some of my fellow Airmen surprise me for not seeing that lesson. I have known people not applying for jobs for fear of rejection. I’ve known noncommissioned officers and officers alike retiring before finding out if they were selected for a promotion. All kinds of challenges are declined for some form or flavor of failure avoidance.

Life is short, and an military career is fast. Not failing does not mean you are successful; it means you traveled too cautiously. Leap to your limits, learn from failures and live without regrets. That is a successful journey.

Editor’s note: Leeds is assigned to the Air Force 92nd Air Refueling Squadron at Fairchild Air Force Base, Wash.

Danger on two wheels



Story by
ROBERT JOHNSON
Managing editor, Fort Leonard Wood Guidon

Staff Sgt. Kyle Bankes was a Marine. At only 22 years of age, he had proven himself as one of the best of the Corps, as he rapidly advanced through the ranks. Enlisting right after high school, Kyle followed in the footsteps of his older brother, Raymond — both outstanding Marines.

But on Saturday, Kyle Bankes’ life ended when the pickup truck he was attempting to pass on his motorcycle, suddenly turned into his path. He impacted the side of the truck and was ejected from his bike. Kyle died later that night. The driver of the truck was unharmed.

By all accounts, Bankes wasn’t a wild and crazy guy who wanted to live on the edge. He was a sensible, dedicated professional who enjoyed riding his motorcycle.

Despite riding in Ohio where a helmet is not required, he wore the protective gear necessary, and yet it was still not enough to save his life.

I hadn’t seen Bankes since he was just a little kid; probably no more than age five or six. I can only imagine the grieving and sadness in his Family’s home today. As I write this, my thoughts and prayers are with them. I also think about the driver of the pickup truck and how his life changed in an instant. Assigning blame or dealing with guilt doesn’t restore a life.

I have a hard time condemning motorcycles. I started riding one when I was 12 and owned several in my life, but I haven’t ridden in years. I quit riding not because of my own capabilities, but I got to the point where one too many close calls with other drivers left me realizing how dangerous the two-wheeled vehicles can be. Sometimes it’s not the motorcycle rider, but everyone and every thing else.

Motorcycle accidents are one of the leading causes of deaths among service members. According to the Associated Press, in 2008 the Department of Defense lost 124 members to motorcycle accidents and motorcycle deaths accounted

for 38 percent of all motor vehicle fatalities, up from 14 percent in 2001. With the launching of several safety and mentorship programs, those percentages have been reduced in recent years, but unfortunately, not eliminated.

Motorcycle safety is more than a “once a year, get permission from the commander” program. It takes everyone, and I mean everyone who drives a car, truck, van, motorcycle or ATV, to be vigilant and look out for each other.

As a driver, I try to be extra careful to watch for motorcyclists. As I am driving, I double-check my blind spots before making a lane change, and I try to always use my signals well in advance. I allow plenty of room between my car and the motorcycle ahead of me on the highway, and as difficult as it is for me to say it, louder bikes are probably safer bikes — just hard on the tinnitus.

But motorcycle safety is a two-way street. Riders need to exercise extra caution watching for cars and trucks around them. Reflective gear and the right protective equipment can sometimes mean the difference between a narrow miss and a fatal error.

Riding a motorcycle doesn’t make you invincible. It may be an adrenaline rush, but careless and thoughtless riding is the first ingredient in a motorcycle disaster. Countless times I have witnessed riders weaving in and out of traffic at rates of speed that exceed the posted limits. (I figure if I am going the speed limit and you pass me, you’re speeding.) As a rider, you have to stay vigilant to your surroundings, know your limitations and always, always, always be wary of the cars and trucks around you.

Changing your riding and driving habits won’t bring Kyle Bankes back, but it can prevent another service member from the same fate. Whether your ride is two wheels or four, always be aware of the road.

APG SEVEN DAY FORECAST



APG NEWS

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Deadline for copy is Thursday at noon for the following Thursday’s paper.

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Havre de Grace offers discounts to APG furloughed employees

Story by **RACHEL PONDER**
APG News

Several Havre de Grace businesses are offering discounts to APG furloughed employees from now until the end of September.

Participating businesses will offer a 20 percent discount, Monday through Friday, to APG employees affected by the furloughs. Customers must show their Common Access or military ID cards to take advantage of the offer.

This “Furlough Friendly Community” campaign was developed in partnership with the Havre de Grace Chamber of Commerce, Havre de Grace Main Street, the City of Havre de Grace and

the Office of Tourism.

“We have a positive relationship with the APG community and understand the challenges the furloughs have placed upon those who reside, work and play in Harford County,” stated Havre de Grace Mayor Wayne Dougherty in a news release about the campaign.

More than 11,500 people who work at APG may be affected by the recent furlough. For 11 weeks, these individuals will lose more than 20 percent of their income due to sequestration.

Brigitte Peters, the city’s manager of marketing and tourism, said that eventually local business will feel the impact, as Families affected by the furlough have less disposable income. Peters

said that this campaign was designed to encourage continued patronage of Havre de Grace businesses.

“We are a strong community, and we can get through these 11 weeks together,” Peters said. “The APG community has reached out to us on many occasions, so we thought why not give back in some way.”

A newly-created “Furlough Friendly Community” logo and decal will be



posted on the windows and doors of participating businesses. To view the list, visit www.hdgtourism.com.

State Highway Administration begins improvements to service road along westbound US 40



MARYLAND STATE HIGHWAY ADMINISTRATION

The Maryland State Highway Administration (SHA) is beginning a new \$1.7 million project to improve one-half mile of the service road parallel to westbound US 40 (Pulaski Highway / South Philadelphia Boulevard) between MD 132 (West Bel Air Avenue) and Robinson Avenue in Aberdeen. Construction work began July 29 and will continue

through summer 2014.

The project includes: pavement patching, repairs and resurfacing; construction of new sidewalks and ramps; construction of a median between the service road and westbound US 40; water line relocation work; drainage improvement; and installation of new pavement markings and traffic signs. The state’s contractor for the project is Daisy Concrete, Inc.

During construction work, there

may be lane closures and lane shifts along the service road and the highway. SHA will maintain access to businesses during construction.

Drivers should allow extra travel time and look ahead for flag persons, construction crews and equipment while traveling to and from business driveways on the service road. Crews may work during the day Monday through Friday, 9 a.m. to 3 p.m. and at night Sunday through Thursday, 7 p.m.

to 5 a.m.

If necessary, crews may work during the day on weekends.

SHA and Daisy Concrete appreciate your patience during the construction period. Citizens with questions about the US 40 service road project should contact the Maryland SHA District Four Office - Construction Division at 410-229-2420; toll free at 1-866-998-0367 or email: shadistrict4@sha.state.md.us.



Want to make a difference in how services are rendered at APG? Tell us how we can improve, or provide kudos for great service, via the Interactive Customer Evaluation system at <http://ice.disa.mil/>. Click “Army” then “Aberdeen Proving Ground.” Or check us out on Facebook at <http://on.fb.me/HzQlow>. View the QR code to visit us immediately.



Eat this or that?

Story by
ANGELA K. LANG
KUSAHC

WOW, it sure is hot today!
Before you order that 20 ounce iced white chocolate mocha, there is something you should know. That simple beverage will provide your body with more than 600 calories and 80 grams of sugar. That’s 20 teaspoons of sugar!
How often do you consider the calorie content of what you are ordering when you eat out? If you have thought about it, how close do you think you come to the actual amount? If you estimate at a sit-down restaurant, do you include the bread on the table and the butter you added and your beverage or dessert?
Researchers at Harvard Medical School conducted a study which found the average participant underestimated the calories in their meal, with approximately a quarter underestimating by at least 500 calories.
Ironically, the inaccurate estimates were greatest at Subway, a restaurant whose

marketing implies health and wellness. Diners potentially considered calorie contents to be lower expecting the restaurants to serve them food that was better for them, not realizing a few unhealthy extras can turn a good option into a poor option very quickly.
You may wonder how many calories you actually need. The average adult needs between 1800-2200 calories per day with children and teens needing less. Activity plays a part in your calorie needs as do body frame and gender. If you consider these ranges, that iced white chocolate mocha beverage alone was nearly a third of the daily calorie needs for your entire day.
So what should you order, this or that?
Nutrition facts for most chain restaurants are available on line, and in the store. The Affordable Care Act Guidelines mandate that chain restaurants post nutritional information for consumers to see, either on menus or at the counter before ordering. It only takes a few extra

Healthy Living

www.apg.army.mil/apghome/sites/local/ click on Well Being
Healthy Living is a recurring feature in the APG News. It addresses health topics that matter most to our readers. To view more health topics and the Community Health Promotion Council calendar of events, visit the APG homepage <http://www.apg.army.mil/> and click on the Community Health icon at the bottom right, or scan the QR code (at right) with your smart phone or enabled device. To suggest health-related topics for the Health Living series, email patricia.g.beauchamp.civ@mail.mil or call 410-278-7274.



moments to make the best decision for the meal you are about to order.
You can also use a few simple reminders when glancing at the menu.
• Pay attention to key words in the food description. Avoid foods described as crispy, creamy, deep-fried, pan-fried, breaded, au gratin, alfredo, or battered. These typically contain high amounts of calories, fat and sodium.
• Beware of high calorie ‘addon’s’, sauces, gravies, mayonnaise, cheese, sour cream, bacon, dressings and dips.
If you must have these additions, ask for them on the side and add them sparingly.
• Drink water! A regular soda can bulk up the calories in your meal by greater than 200.
If you find yourself eating out several meals per week, consider these tips to make the best choice for your help. An extra hundred calories here and there can lead to several pounds of extra weight over the course of a year.

Eat well, eat to live.

Aberdeen Area Gate Hours and Visitor Center Operations During Furlough

| Gate | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Federal Holiday |
|---------------------------|-----------------|-----------------|-----------------|-----------------|-----------------|----------------|-----------------|-----------------|
| RT 715 | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs |
| RT 22 | Closed | 6 -10 a.m. | 6 a.m.- 6 p.m. | 6 a.m - 6 p.m. | 6 a.m. - 6 p.m. | 6 - 10 a.m. | Closed | Closed |
| RT 22 OUTBOUND ONLY | Closed | 3-5:45 p.m. | 6 a.m.- 6 p.m. | 6 a.m. - 6 p.m. | 6 a.m. - 6 p.m. | 3-5:45 p.m. | Closed | Closed |
| Aberdeen | Closed | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| Visitor Control Center | 7 a.m. - 4 p.m. | 6 a.m. - 4 p.m. | 6 a.m. - 4 p.m. | 6 a.m. - 4 p.m. | 6 a.m. - 4 p.m. | 6 a.m. -4 p.m. | 7 a.m. - 4 p.m. | 7 a.m. - 4 p.m. |
| Badge Office | Closed | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | Closed | Closed |

Edgewood Area Gate Hours and Visitor Center Operations During Furlough

| Gate | Sun | Mon | Tue | Wed | Thu | Fri | Sat | Federal Holiday |
|---------------------------|--------|-----------------|-----------------|-----------------|-----------------|-----------------|--------|-----------------|
| RT 24 | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs | 24 Hrs |
| Wise Road | Closed | Closed | 6 a.m.- 6 p.m. | 6 a.m.- 6 p.m. | 6 a.m.- 6 p.m. | Closed | Closed | Closed |
| Magnolia | Closed | Closed | Closed | Closed | Closed | Closed | Closed | Closed |
| Visitor Control Center | Closed | 5 a.m. - 4 p.m. | 5 a.m. - 4 p.m. | 5 a.m. - 4 p.m. | 5 a.m. - 4 p.m. | 5 a.m. - 4 p.m. | Closed | Closed |
| Badge Office | Closed | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | 8 a.m.- 4 p.m. | Closed | Closed | Closed |





Photo by Yvonne Johnson, APG News

APG gets newcomers oriented

(From right) Maj. Joseph Beckman of the 20th Support Command (CBRNE) and Alan Doran, Rideshare coordinator for Harford County, listen in as Syreeta Gross of the APG-CSSC Commuter Center explains the advantages of participation in the Harford County Commuter Assistance program, which pays federal employees to carpool or utilize public transportation, during the APG Newcomer's Orientation at the APG North (Aberdeen) recreation center July 24. The quarterly gathering which features APG leaders, on-and- off-post community service organizations and vendors is mandatory for Soldiers and civilians new to APG. The next Newcomers Orientation is set for 1 to 3 p.m., Oct. 16 at the same location. For more information, call 410-278-2464/7572

ASAP hosts coping with stress seminar

Story and Photo by **RACHEL PONDER**
APG news

Members of the Aberdeen Proving Ground workforce learned about stress management strategies during a lunch-time seminar called “Coping with Stress 101” hosted by the Army Substance Abuse Program July 25. Participants received suicide prevention training credit because the discussion included stress as it relates to suicide.

Suicide Prevention Program Manager Kenneth Gesch led the seminar. He noted that various organizations on post are hosting similar discussions, with the more than 11,500 members of the APG workforce being affected by the recent furlough. For 11 weeks, these individuals will lose more than 20 percent of their income due to the sequester. Gesch said that changes in finances and job conditions can be a major cause of stress.

He said that a certain amount of stress can be a good thing, as it can motivate individuals to succeed. He said that this is called the “optimal amount of stress” but that too much stress can cause burnout.

Gesch said that people can deal with stress by getting angry, withdrawing, or

taking charge of the situation, and that sometimes the best way to deal with stress is to “let go” of things that cannot be changed.

“Even smart people can make mistakes when they feel stressed,” he said, adding, “Our brains are primed to act without thinking when we feel threatened.”

Participant Sandiann Devaney, from the Civilian Human Resource Agency Headquarters, said that she found the information helpful, relevant and easy to understand.

“It is helpful to be reminded of the signs of stress,” she said. “So we are able to help co-workers that are struggling.”

Another “Coping with Stress” seminar will be held Aug. 15, noon to 1 p.m. at the ASAP office, in Bldg. 2477.

For a list of local Suicide Prevention Resources, call Gesch at 410-278-7779, or the Employee Assistance Program manager at 410-278-5319.

Gesch said that several APG Soldiers and civilians have been trained in the Army’s Ask, Care, Escort – Suicide Intervention (ACE-SI) program by the Installation Chaplain (Lt. Col.) Jerry Owens and Garrison Chapel NOIC Sgt.



Suicide Prevention Program Manager Kenneth Gesch leads a discussion during a lunch-time seminar called “Coping with Stress 101” hosted by the Army Substance Abuse Program July 25.

1st Class Elijah Mack. These participants are available to assist their units and organizations as trainers during

upcoming suicide prevention activities in September, which is designated as Suicide Prevention Awareness Month.

Passport/Visa application procedures, timelines change

Due to heavy volume of Passport Applications being received, processing time is now taking six to eight weeks from the time a record is created at the Special Issuance Agency to a passport being issued.

Expedite requests are taking up to four weeks to be processed from the time a record is created at the Special Issuance Agency for a passport to be issued. In addition, Visa Applications processing time is 45 days or longer from the time the embassy receives the application. Travelers requiring official Passports aor Visas should plan accordingly.

All previous waivers the Special Issuance Agency issued granting military units blanket authority to apply for

second passports and/or blanket exceptions to the requirement to list a projected travel destination on the DD Form 1056 (Authorization to Apply for a “No-Fee” Passport and/or Request for Visa) became invalid as of Jan. 31, 2013.

Commanders who believe their unit/ organization should be exempt from the normal requirements (Foreign Clearance Guide requirement) may submit a request for a waiver through their chain of command to the DOD Executive Agent (Headquarters, Department of the Army) for review.

For more information, contact Dorris Tisdale, Aberdeen Proving Ground Passport Agent, at dorris.a.tisdale.civ@mail.mil.

Leave Donations

To participate in the Voluntary Leave Program, use forms OPM 630, Application to Become a Leave Recipient Under the Voluntary Leave Transfer Program; OPF 630-A, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (within agency); and OPM 630-B, Request to Donate Annual Leave to Leave Recipient Under the Voluntary Leave Transfer Program (outside agency).

For info, contact Cathy Davis at 410-306-0152 or cathy.a.davis4.civ@mail.mil.

Employees eligible for donations in the Voluntary Leave Transfer Program

Lamar-Reevey, Kellie
Clelland, Patricia
Pintilie, Jamie
Carter, Joyce
Cwiernie, Victoria
Hornberger, Michele
Lewis, Rachel
Smith, Amanda
Evans, Doretha
Brady, John
Hall, Jessica
Peter, Sue
Szymanski, Ron
Winne, Janeen
Jefferson, Edward

Smith, Deborah A.
McClintick, Jill
Dull, Francis
Barrett, Patrick
Blethens, Matthew
Beall, Dawn
Merritt, Robert
Killops, Kathryn
Rodriguez, Alex
Carns, Melanie
Chiola, Hallie
Crawford, Iris
Jones, Deborah
Dunn, Paul
Eberhardt, Joanne

Johnson, Mark
Lamacchia, Rosemarie
Payne, Laurine
Rogers, Theodore
France-Haff, Cheryl
Hoffman, William
Park, Jessica
Smith, Deborah R.
Blethen, Lena
Conigliaro, Kenneth
Garabo, Ryan
Mayes, Katherine
Sumic, Angie

Freestate ChalleNGe Academy inducts 151 cadets into Class #41

Story and Photos by **RACHEL PONDER**
APG News

The Maryland National Guard Freestate ChalleNGe Academy inducted 151 cadets into Class #41 during the Crossover Ceremony at the APG South (Edgewood) recreation center July 29. This is the largest class of cadets at APG since the program began in 1993.

Freestate ChalleNGe Academy gives Maryland teens who have withdrawn from high school a unique opportunity, a second chance at an education. For 22 weeks, cadets ages 16-18 voluntarily live in the academy's residential program, a structured, disciplined, quasi-military environment. Before being accepted into the program, candidates go through an acclimation phase, where the teens adjust to their new environment and schedule and decide if they want to stay in the program.

During the ceremony, the Freestate ChalleNGe Academy Director Charles Rose stated that the cadre, teachers and staff fully support the cadets and will encourage them to succeed. Rose added that during the program the cadets' self-esteem will grow when they realize all they can accomplish. The mission of the National Guard Youth ChalleNGe Program is to produce program graduates with the values, life skills, education, and self-discipline necessary to succeed as productive citizens.



Above: (From left) Cadets Robert Fry, Say'quon Harrison and Sanfa Kanneh take the Freestate ChalleNGe Academy Honor Code during the Crossover Ceremony at the APG South (Edgewood) recreation center July 29.

Below: (From left) Rick Miller, from the Freestate ChalleNGe Academy, congratulates Cadet Ashley Garcia during the Crossover Ceremony at the APG South (Edgewood) recreation center July 29.



"You will come out a whole new person," he said. "Anything worth achieving takes hard work."

After the cadets were inducted and congratulated by the staff, they took the Freestate ChalleNGe Academy Honor Code. This code is meant to guide the cadet's actions while they are attending the Freestate ChalleNGe Academy. When the cadets take the honor code, they pledge to live honestly, respectfully, and be a good representation of the academy.

After the ceremony, Rose said the academy recently implemented a "Cadet Buddy" program, similar to the Battle Buddy program in the Army. This program was created so that the cadets can motivate each other and help each other adjust to a new routine. For many cadets, attending the academy is their first time away from home.

Rose added that this was the first class to be put to the test by participating in an

all-day challenge July 27, during which teens were asked questions about being a cadet from the Freestate ChalleNGe Academy Cadet Handbook. The cadet candidates visited various stations along a 7.5 mile course, and had to complete different exercises at each station.

"It was challenging but it felt good to be able to complete the course," said Tyrick Williams from Washington, D.C.

Cadet Alexis Roscoe from Anne Arundel County said she feels grateful to be in the program.

"I really wanted to come here," she said. "I want to make my mom proud. I want to learn discipline and get a head start on my life. Eventually I would like to be a nurse in the military."

"I feel like I made the first step in accomplishing a goal," added Cadet Mignon Boyd, from Washington D.C., who wants to eventually join the Air Force or become a doctor.

Korean War 'Heroes Remembered' at Twilight Tattoo

Story by **GEORGE MARKFELDER**
Military District of Washington (MDW)

Veterans of the Korean War, including two Medal of Honor recipients, were honored during the U.S. Army Military District of Washington's Twilight Tattoo at Joint Base Myer - Henderson Hall's Whipple Field, July 24.

Medal of Honor recipients Cpl. Rodolfo "Rudy" Hernandez and retired Sgt. 1st Class Ron Rosser, along with other Korean War Veterans, watched the hour-long military pageant featuring Soldiers from the 3rd U.S. Infantry Regiment (The Old Guard) and The U.S. Army Band "Pershing's Own."

The high-energy show's theme 'Heroes Remembered' commemorated the 60th Anniversary of the signing of the Korean War Armistice, and was hosted by the Under Secretary of the Army Joseph W. Westphal.

Hernandez received the Medal of Honor for his actions while stationed with G Company, 187th Airborne Regimental Combat Team near Wontongne, Korea, May 31, 1951, and Rosser received the Medal of Honor for his actions while stationed with a Heavy Mortar Company, 38th Infantry Regiment, 2nd Infantry Division, in the vicinity of Ponggilli, Korea, Jan. 12, 1952.

Twilight Tattoo

The Twilight Tattoo provides audiences a glimpse into American history through unique performances by The U.S. Army Blues, vocalists from The U.S. Army Band Downrange, The Old Guard Fife and Drum Corps, and The U.S. Army Drill Team.

Free to the public

All Twilight Tattoo performances are free and open to the public. Due to budget constraints there will be no bleachers for Twilight Tattoo shows this year. Grass seating is available and it is recommended that guests bring blankets or lawn chairs. For more information on group reservations, contact MDW Public Affairs at 202-685-2888.



(From left) Medal of Honor recipients retired Sgt. 1st Class Ron Rosser and Cpl. Rodolfo "Rudy" Hernandez render honors along with the Under Secretary of the Army Dr. Joseph W. Westphal, during the U.S. Army Military District of Washington's Twilight Tattoo at Joint Base Myer-Henderson Hall's Whipple Field, July 24. The show's theme 'Heroes Remembered' commemorated the 60th Anniversary of the signing of the Korean War Armistice.

Photo by George Markfelder

TWILIGHT TATTOO 2013 SCHEDULE

Twilight Tattoo performances begin 7 p.m. Pre-ceremony pageantry begin 6:45 p.m. Performances will be located at Joint Base Myer-Henderson Hall

on Whipple Field. Locations may vary. Check the Twilight Tattoo website at <http://twilight.mdw.army.mil/home> prior to attending a specific date.

Tentative dates for August are: Wednesday, Aug. 7, 14, 21 and 28.

How are we doing? E-mail comments and suggestions for the APG News to the editor at usarmy.apg.imcom.mbx.apg-pao@mail.mil

MARK YOUR CALENDAR

THURSDAY

**AUGUST 1
BLOOD DRIVE**

The Armed Services Blood Program will sponsor a blood drive 9 a.m. to 1 p.m. at the APG North (Aberdeen) recreation center. To schedule an appointment, visit www.militarydonor.com and enter sponsor code APGMD.

DOLLAR DAYS AT APG BOWLING CENTER

Enjoy the fun at the Bowling Center, 7 a.m. to 3 p.m. for only \$1 per game. Shoe rental is also only \$1.

FRIDAY

**AUGUST 2
TGIF**

Purchase one game and get the second game free, 7 a.m. to 10 p.m. at the APG Bowling Center

SATURDAY

**AUGUST 3
WOMEN’S HOME BUILD**

The Federal Women’s Program committee, along with the Maryland Tri-County Chapter of Federally Employed Women, and the Women in Defense, Mid-Atlantic Chapter continue to seek team members for: A Women’s Only Home Build. The project, which is led by Harford Habitat for Humanity, will be held 7:30 a.m. to 3:30 p.m.

All volunteers must attend a mandatory safety class which is online and a part of the registration process. Access online registration at www.habitatsusq.org/volunteer/construction-volunteers. Registration consists of three parts:

- 1) Create a User Account
 - 2) Sign a Waiver of Liability
 - 3) Safety Training
- For more information, contact one of the following:
Linda Patrick, 410-436-1023; Tracy Marshall, 443-861-4366; Sheryl Coleman, 410-278-5964; Teresa Rudd, 410-436-5501; SGT Shavonne Frank, 410-4417-2374; or Diane Siler, 443-243-7344.

**MEN’S STRAPLEFORD
EVENT AT RUGGLES**

This 18 hole individual event uses the Stapleford point system. Full handicap. Tee times start 6 a.m. Event runs until 2 p.m. Play with your own foursome. Cost is \$20 and includes lunch on the course and prizes.

For more information call 410-278-4794

PIZZA, PINS & POP

\$34 will get you 1 hour of bowling, shoe rental, pizza and soda at the APG Bowling Center, 3 to 10 p.m

SUNDAY

**AUGUST 4
JACK & JILL TOURNAMENT**

Enter the Jack and Jill Tournament, 8 a.m. to 2 p.m. at the Exton Golf Course.

For more information call 410-436-2213.

TUESDAY

**AUGUST 6
CHILDREN’S STORY TIME**

Promote your children’s reading and reading comprehension skills at Children’s Story Time from 11 a.m. to 11:45 a.m. at the APG Post Library, in Bldg. 3326.

2 FOR TUESDAY

Stop in and try our newest home-made fried ice cream at the APG Bowling Center, 11 a.m.to 2 p.m.

THURSDAY

**AUGUST 8
HOW TO START YOUR
SMALL BUSINESS**

Presented by Army Community Service, this orientation program provides an overview of the ways to start a small business, the skills and duties of a successful entrepreneur, and how to write a business plan. Other services offered by the SBDC are also discussed. To reserve your seat for this FREE session, scheduled for 11:30 a.m. to 1 p.m. in Bldg. 2503, contact: ACS Employment Program manager at 410-278-9669/7572.

FRIDAY

**AUGUST 16
FREE BACK-TO-SCHOOL
SUPPLIES**

APG MWR will partner with Back-To-School Brigade™ to provide free backpacks and back-to-school supplies for children, youth and young adults in grades kindergarten through college, 11 a.m. to 3 p.m. at the Shore Park Pavilion in APG North (Aberdeen).

Eligible recipients include Family members of active duty enlisted grades E1-E6; National Guard enlisted grades E1-E6 on Title 10 or 32 orders; activated Reservists, E1-E6; or Wounded, active duty or retired of any rank. Registration is required. For more information, call 410-278-2857 or visit www.OperationHomefront.net/DCMetro.

WEDNESDAY

**AUGUST 21
VENTURING IS COMING TO
APG!**

If you’re 14 to 21 years old and ready to test your limits, meet new friends, and make a difference - VENTURING IS FOR YOU. The Venturing Crew meets twice monthly, starting in August. Learn more during an open house barbecue, 5 to 6:30 p.m. at 3801A Veteran Court in Patriot Village, APG North (Aberdeen). For more information, contact Alex Hutton at 410-278-5798, e-mail ahutton@baltimorebsa.org- Begin your adventure at www.scouting.org/venturing.

THURSDAY

**AUGUST 22
WOMEN’S EQUALITY DAY**

The APG Federal Women’s Program (FWP) will host its annual Women’s Equality Day observance 10:30 to 11:30 a.m. in the Ball Conference Center. This annual event tributes the APG Woman of the Year, Supervisor/ Manager of the Year and Organization Most Supportive. Civilians, military and contractor personnel are invited to support this event. For more information, contact Teresa Rudd, 410-436-5501, teresa.d.rudd.civ@mail.mil or Elizabeth Young, 410-278-1392, elizabeth.h.young.civ@mail.mil.

MONDAY

**AUGUST 26
WOMEN IN DEFENSE GOLF
TOURNAMENT**

The Mid-Atlantic Chapter of Women in Defense annual APG Golf Tourna-

ment starts 8 a.m. Male and female golfers may register for the event which includes breakfast, a four-person best ball golf tournament, awards ceremony, happy hour and dinner. Proceeds benefit local science, technology, engineering and mathematics (STEM) education and scholarships.

For more information, visit the WID Mid-Atlantic website at www.apggolf.com.

SATURDAY

**SEPTEMBER 28
9TH ANNUAL “SUPPORT
OUR HEROES” GALA**

Tickets are now available for the 9th Annual Support Our Heroes Gala to be held 6 to 10 p.m. at Waters Edge Events Center, 4687 Millennium Drive, in Belcamp. Featured will be live and silent auctions; music and dancing,heavy hors d’oeuvres and carving station, cash bar. Proceeds benefit the Fisher House Foundation, supporting wounded warriors and their families.

Tickets on sale now. Sponsorship opportunities available. For more information, visit www.chesapeakeheroes.com

FRI - SUN

**OCTOBER 11 - 13
OKTOBERFEST**

Save the date for the 2nd annual APG Oktoberfest celebration to be held at Shine Field Friday afternoon through Sunday. More details will be announced as they become available

**ONGOING
SUMMER NIGHTS UNDER
THE LIGHTS**

Aberdeen and Edgewood Youth Centers. Hop a ride on the CYSS bus and catch the Friday Night O’s home games, all summer long! Orioles vs. Mariners. DEPARTURE / RETURN TIME: Bus departs AA Youth Center at 5 p.m.; bus departs EA Youth Center at 5:30 p.m. Return times will vary. AGES: 9-18. COST/FEE: \$28/game. ADDITIONAL INFO: Must be registered by COB Tuesday preceding each game date (3 DAYS PRIOR TO EACH GAME). For more information, contact Conor Joyce, conor.j.joyce.naf@mail.mil or call 410-278-1399.

**FRIDAY NIGHT OPEN
RECREATION FOR TEENS**

The APG North (Aberdeen) Youth Center, Bldg 2522, invites all high school students out to its free Friday Night Open Recreation for Teens, every Friday from 6 p.m. to midnight. Teens are invited out to meet new friends, shoot some hoops or just play some pool. Bring up to two non-DoD friends to join in the fun. For more information, call 410-278-4995.

KEYSTONE CLUB

This free class for high school students meets every other Friday, 7 to 9 p.m. at the APG North (Aberdeen) Youth Center, Bldg 2522. This unique leadership development experience provides opportunities for young people ages 14 - 18. Youth participate in activities, both in and out of the club, in three focus areas: academic success, career preparation and community service. With the guidance of an adult advisor, Keystone Club aims to have a positive impact on members, the club and community. Participants may bring up to two non-DoD friends. For more information, call 410-278-4995.

**ACS CHANGES HOURS OF
OPERATION**

Starting Aug. 5, hours of operation for Army Community Service offices in Bldg. 2503 will be 8 a.m. to 5 p.m., Monday through Thursday. Army Emergency Relief (AER) afterhours and closures are handled through the American Red Cross at 1-877-272-7337. The Family Advocacy Victim Advocate Hotline is 410-652-6048. For more information, visit the ACS website at <http://www.apgmwr.com/community/acs.html>.

**DARTMOUTH COLLEGE
RESEARCH STUDY**

Geisel School of Medicine at Dartmouth is sponsoring a research study for post-deployment veterans. If you are a recent veteran experiencing difficulty adjusting to life post-deployment and need help accessing or deciding whether to seek mental health treatment, please call Meissa at Geisel School of Medicine at Dartmouth at 603-448-0263 ext. 135. You will be asked questions as a way to screen potential subjects for a DOD-funded research study. Everything is done by phone and is completely confidential.

Eligible Veterans will receive compensation for their time.

INSIDE APG

APG commanders and subject matter experts will discuss topics of interest to the local community every Saturday and Wednesday at 7:50 a.m. during “Inside APG: Creating One Community Without a Gate,” a monthly radio series on 970 WAMD. For more information about the series, to schedule or request an interview, call the Garrison Public Affairs Office at 410-278-1150.

For previous interviews, follow these links:<http://youtu.be/a8vuMdx-mG50>; <http://youtu.be/se7hTkwnbO8>

**PUBLIC HEALTH COMMAND
SURVEYS**

Retiring from the Army within two years? Take a brief survey to help the U.S. Army Public Health Command develop resources for Pre-Retirees. Your opinions will help us make an impact to promote good physical health and brain power. Visit <https://www.keysurvey.com/f/517684/30d6/> to participate.

Retired from the Army? Take a brief survey to help the U.S. Army Public Health Command develop resources for Retirees. Your opinions will help us make an impact promoting good physical health and brain power. Visit <https://www.keysurvey.com/f/517684/30d6/> to participate.

Are you married to a Soldier? Living with a Soldier? Take a brief survey to help the U.S. Army Public Health Command develop resources for Army Families. Your opinions will help us make an impact to promote good health and brain power. Visit <https://www.keysurvey.com/f/517684/30d6/> to participate.

**2ND INFANTRY DIVISION
SEARCHING FOR MEMBERS**

The Second (Indianhead) Division Association is searching for anyone who ever served in the Army’s 2nd Infantry Division at any time. For information about the national association and the annual reunion in Columbus, Ga. Sept. 17 - 21, contact secretary-treasurer, Bob Haynes, at 2idahq@comcast.net or 224-225-1202.

PIANO & GUITAR LESSONS

Each class is a one-on-one, 30-minute session for seven or eight weeks, once a week. Parents choose a time between 3 and 9 p.m. when they register their children. Open to all DOD ID cardholders. To register, visit Central Registration or call 410-278-7479/7571. For information, email lauren.e.kateley.naf@mail.mil or call 410-278-4589.

**REPORT POWER OUTAGES
TO CORVIAS MILITARY
LIVING**

During severe weather, all residential power outages should be reported to the Neighborhood Office at 410-305-1076. This will allow staff to determine if the outage is widespread or specific to the home and coordinate the responsible provider to restore power.

In the event a neighborhood office loses power, the phone system may also be affected. If the office cannot be reached, residents should call the following toll-free numbers to report outages and maintenance emergencies. Calls to the toll-free number will directly connect residents to the emergency on-call service.

Aberdeen Proving Ground: 1-866-958-5412
Patriot Village: 1-866-871-6257
NH Office: 410-305-1076

**APG THRIFT SHOP NEEDS
VOLUNTEERS**

With just two hours a week to spare, you can serve your community as a volunteer at the APG Thrift Store. Located in Bldg. 2458 behind the Main Post Chapel, the Thrift Shop offers quality, gently-used items featuring clothing for babies to adults including military uniforms, appliances, electronics, furniture, luggage, kitchenware, toys, knick knacks, books, jewelry and collectibles. And its dollars go right back into the community. So come spend an hour or a day, making new friends while helping your community.

For more information, or to volunteer, call the Thrift Shop during business hours at 410-272-8572.



Nelder Smothers
Garrison Library Technician

As a library technician in the Garrison Library, Nelder Smothers is careful to ensure the proper cataloging and maintenance of library resources; from children’s books to rental DVDs. Her responsibilities include adding data on new patrons, checking out loaned materials, shelving returned materials and conducting Story Time 11 to 11:30 a.m. each Tuesday.

Nelder doesn’t miss an opportunity to let people know the library stocks books of every category as well as DVDs, back issue magazines, and books on CDs.

“If we don’t have the book the patron wants we do an inter-library loan from another branch,” she said, adding that authorized patrons also can use the desktop computers on a first-come, first-served basis.

“I enjoy getting to know the patrons of the library and their Family members,” added Smothers. “I also enjoy reading to the children during Story Time.”

The Garrison Library is located in the APG North (Aberdeen) recreation center, Bldg. 3326. Its hours are 11 a.m. to 6 p.m. Monday – Friday and 9 a.m. to 2 p.m., Saturday.

The library is open to military, civilian, retirees and their Family members.



**MORE
ONLINE**
More events can be seen at www.apgnews.apg.army.mil/calendar.

CPAC offers tips to veterans, spouses

Continued from Page 1

“If you don’t see me, you don’t get in the database,” she said. “Bringing all the required documents with you is essential and a real time saver.”

Spouses seeking to register in PPP-S should bring the following documents to CPAC:

- A copy of their sponsor’s orders
- Their marriage certificate
- An electronic copy of their resume
- College transcripts

“It also helps to bring unofficial copies if that’s all they have at the time,” she said.

The basic process for PPP-S registered spouses applying for government jobs consists of answering a set of questions, she added.

“If they are deemed best qualified then no one else is referred, but they must be among the best qualified and this is determined through their resume, experience and self- assessment.”

Uniatowski said a common misunderstanding is that it’s her job to get spouses hired. “I don’t get people jobs; I only ensure they are registered in the program,” she said. “You must come in and register to be placed in the PPP-S database.”

For more information, contact Uniatowski at 410-306-0069.

Tips for Military Spouses – USAJOBS and PPP

As a Program S registrant, when you are matched in PPP to a vacancy being filled using USA Staffing Procedures, an HR professional will contact you to provide instructions on how to apply for the vacancy. This entails providing a complete application package including your resume, any required supporting documents and responses to the associated assessment questionnaire that must be completed by competitive applicants.

By completing this step, your application will address the same specific job requirements and your experience can be evaluated on the same basis.

You will be required to take the following steps at the time of a match, but doing so in advance will minimize the necessary steps at the time of a PPP match:

1. Create your USAJOBS and Application Manager Accounts in advance. A USAJOBS account is needed to apply for all Army positions. Within www.usajobs.gov click on “First Time Visitors” and then “Create an Account” and follow the instructions. An Application Manager

account may also be required for some positions. Within www.applicationmanager.gov, click on “Create An Account” and follow the instructions. After the first time you progress from USAJOBS to Application Manager, USAJOBS will create an automatic link between your accounts. A separate log in will not be required for future applications.

2. Prepare your Application Package in advance. Your application package includes your resume, responses to the assessment questionnaire and supporting documents, You can pre-position some of these items in your USAJOBS account to save time,

3. Pre-position your resume(s). Create and store up to five resumes in your USAJOBS account. Pre-positioning your resume(s) allows you to simply pick the resume you want included with specific application packages.

4. Upload supporting documents. Some documents are regularly required and should be pre-positioned in your USAJOBS account. To upload supporting documents, scan and save them to your computer, From within your USAJOBS account follow the “Upload a New Document” instructions.

Some commonly required documents include:

- Your most recent (non-award) Notification of Personnel Action – if you are a current or former federal employee

- DD214 (member 4 copy) – if claiming veteran’s preference

- Documentation of disability percentage – if claiming veteran’s preference based on disability

- Transcripts – if you apply to positions with positive education requirements or you intend to qualify based in whole or part on education
- Certifications or licenses that are routinely required for the type of position you seek

You are able to add other documents required for specific vacancies during the application process. When you correctly upload a document once, it is available for reuse in all future applications.

Following these advance steps will provide you with an opportunity to readily apply for other positions through competitive procedures.

If it is not feasible for you to complete online applications at the time of a PPP match, the HR professional who contacts you will be able to advise you on alternate application methods.

Contact your local CPAC for more information or assistance.

Esprit de corps buoys MRICD team in Savage Race

Continued from Page 1

Pathology Branch.

“We had 25 obstacles to overcome,” continued Saturday. “We started together and we finished together.”

The race claims to have “more obstacles per mile” than any other race, all constructed in a four- to six-mile course.

Obstacles, most of which have humorous, tongue-in-check names, can vary by race location, but for the event on July 20, they included low crawling in mud, jumping over fire, carrying wood planks, dangling electrically charged wires, jumping off a platform into water and climbing over walls mud, fire, and barbed wire.

“It’s all fun and games,” said Wegner, “until you get shocked in the ‘Tazed’ obstacle.”

Individual participants in the competitive wave of the race are rewarded for finishing overall in first place as well as for finishing first in their age divisions.

Teams don’t compete for prizes, and

for mudRICD, Saturday said, “the objective was to work as a team and to finish the race together.” Mission accomplished.

“Teamwork literally pushed, pulled, lifted and motivated me to cross that finish line with everyone,” said Elgarresta, who is looking forward to her next Savage Race. “Thanks, fellow mudRICD’ers!”

Visit the Havre de Grace Maritime Museum

Story by **RACHEL PONDER**
APG News

Learn about local history with a visit to the Havre de Grace Maritime Museum, which showcases the region’s rich maritime heritage.

The mission of the museum is to collect, document, preserve and interpret the maritime skills and cultural heritage of the Lower Susquehanna River and Upper Chesapeake Bay region.

Museum displays include tools and artifacts used in fishing, navigation and more. Additionally an Oyster Cannon from the 1800s is on display now until Sept. 2013. This historic cannon was used to protect the Chesapeake Bay’s oysters during the “oyster wars.”

“Many people do not know about this obscure war that occurred in this region,” said the museum’s Director of Operations Elizabeth Ricci.

A favorite exhibit is “Beyond Jamestown: Life 400 Years Ago” which includes Susquehanna Petroglyphs. These images carved in rocks were found near the Conowingo Dam and are believed to be made by the first people of the Chesapeake. “It’s rare to find petroglyphs in this area,” Ricci said. “You usually find them in the Southwest.”

Ricci said the museum has undergone many changes within the last two years and has seen an increase in visitors.

“Many of the items on display today were sitting in collections, not being displayed,” she said. “Most of these exhibits are new.”

She said the museum has added a Kid’s Corner, noting it hosts a story and game time every Thursday at 10:30 a.m. and houses several wooden toys children would have played with in 1812.

“These toys are very popular with both children and adults,” she said.

Ricci added that Havre de Grace is rich in history, and is a good town for a day trip. Concord Point Lighthouse, Promenade, Tydings Park, the Decoy Museum and many unique restaurants and shops are all within walking distance.

Havre de Grace is a French phrase that means “Harbor of Beauty” or “Harbor of Grace.” In 1782, the Marquis de Lafayette is said to have looked down over the town as he rode along



This propeller was salvaged from the Chesapeake Bay in 1953 and later donated to the museum. It was manufactured in 1895 and installed on the 135 foot tug boat, the Sea King. Photo by Rachel Ponder

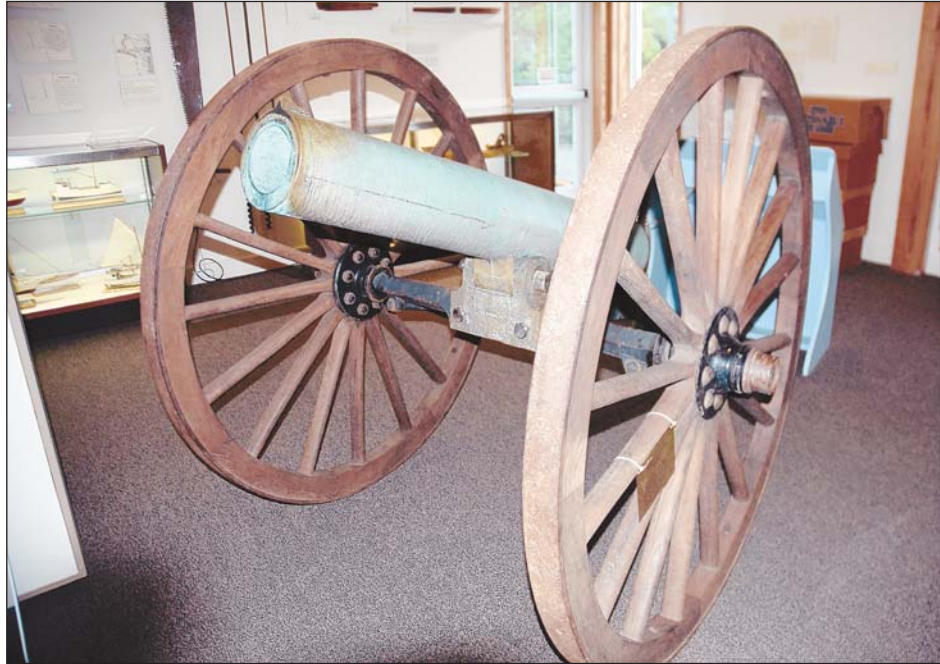
the Post Road and commented that it was a charming “Havre de Grace.”

About the Museum

Admission to the museum is free; donations are appreciated. The Havre de Grace Maritime Museum is located

at 100 Lafayette Street, Havre de Grace, Md. 21078. Hours are Wednesday-Saturday 10 a.m. to 5 p.m.; Sunday 1 to 5 p.m.; closed Monday and Tuesday. For mor information, call 410-939-4800, or e-mail museum@comcast.net.

Editor’s Note
The APG News will publish a series of local travel articles. Look for more articles in upcoming issues.



Left: An Oyster Cannon from the 1800s is on display now through September. The historic cannon was used to protect the Chesapeake Bay’s oysters during the “oyster wars.”

Photos by Rachel Ponder

Submit letters to the editor to usarmy.apg.imcom.mbx.apg-pao@mail.mil

APG Snapshot

A peek at the events making news in and around U.S. Army Garrison Aberdeen Proving Ground. For complete photo coverage, visit <http://www.flickr.com/photos/usagapg/>.



Photo by Rachel Ponder, APG News

MWR hosts kayaking class

Members of the APG community take in scenic views during an Adult Introduction to Kayaking class hosted by MWR and taught by Kayak Instructor Mark Sargable at Swan Creek July 25. Kayaks can be rented through MWR's Outdoor Recreation in Bldg. 2184. For more information, visit <http://www.apgmwr.com/recreation/odr/index.html>.



Jr. Golf Tournament

Chase McCannon takes a shot while Matt Long and Aaron Seldon look on during the annual Child, Youth & School Services Sports Jr. Golf Tournament at Exton Golf Course, APG South (Edgewood), July 29. A second Jr. Golf Tournament was held the following day at Ruggles Golf Course in APG North (Aberdeen).

Photo by Rachel Ponder, APG News



Photo by Rachel Ponder APG News

ATEC Cycling Club

ATEC employees Paula Hoak, Gale Sauer and Nancy Dunn participate in the weekly bike ride hosted by ATEC July 24. The bike ride, which is open to the entire APG workforce, is held every Wednesday from 11:30 a.m. to 12:30 p.m. and starts behind ATEC Headquarters, bldg. 2202. Participants bike about 12 to 14 miles each session. "This event builds esprit de corps," Sauer said. "And it is great low impact cardio workout." For more information call Sauer at 443-861-9260.